



ST LOUIS HOME CARE
LIVE WELL

19th March 2025

Dear Clients, Friends, and Family,

Welcome to Bunuru, Noongar season. Jarrah and Marri trees are in full bloom, along with Zamia pods (pictured right). We hope you are enjoying this change in season. Thank you for taking a few minutes from your day to read our Newsletter.

Aged Care Reforms July 2025: Are you aware of the three significant changes to be introduced by the Australian Government, Department of Health and Aged Care in July 2025? These include;



Support At Home Program:

- The introduction of the Support at Home Program (July 2025). The Support at Home Program will replace Home Care Packages and Short-Term Restorative Care. The Commonwealth Home Support Programme (CHSP) will transition to the new program no earlier than 1 July 2027.
- A [webinar for older people, families and carers](#) will be held on **Tuesday 25 March 2025 from 11.30 am -12.30 pm AWST**. It will cover updates on the Support at Home program, helping participants understand how services will be delivered under the new system.

New Aged Care Act and Aged Care Standards:

- The introduction of a new Aged Care Act and Strengthened Aged Care Standards will be introduced from the 1st of July 2025.

Free Support At Home Information Session: hosted by the Department of Health and Aged Care and St Louis Home Care. This session will provide further information on the Support At Home reform, held on **Wednesday, 7th of May 2025, at 10.30 am in the Kingsmill Lounge.**

Please RSVP: Tanya at homecare@stlouisestate.com.au or (08) 9385 3406.

LIVE WELL





ST LOUIS HOME CARE
LIVE WELL

Medication Awareness and Falls Prevention Education Session: Thursday, 3rd of April 2025, 10.30 am – 12.30 pm, Kingsmill Lounge. Morning tea will be supplied.

Join us to hear from Monty Kanungo, (777 Pharmacy, Cottesloe) on the importance of medication awareness, medication reviews, packaging, and delivery, followed by Injury Matters with a guest speaker on the Stay on Your Feet program. To book your place today, phone Tanya on 9385 3406 or email homecare@stlouisestate.com.au.

You're invited to attend our next **Consumer Advisory Committee** meeting. Please join us to contribute to the planning and evaluation of our home care services to improve our services to you and others. Please attend on **Wednesday, 26th March 2025, at 11.00 am, at KIORA**. Please RSVP to Tanya at 9385 3406 or email homecare@stlouisestate.com.au.

All About Home Care: Tuesday, 8th April 2025, 11.00 am, Kingsmill Lounge. If you're interested in hearing about how government-subsidised home care services can assist you to live independently and safely at home for longer, please join Karena Sherriff, Home Care Manager, for a Free 'All About Home Care' information session. Friends and family are welcome. To book your place today, phone Tanya on 9385 3406 or email homecare@stlouisestate.com.au.

New Physiotherapist: Welcome Jayden Lapsley-Fowle, Physiotherapist to the St Louis Estate community. Jayden is available for individual Physiotherapy sessions on Tuesday, Wednesday, and Thursday. To book a session with Jayden, please phone 9385 3406 or email homecare@stlouisestate.com.au.

Group Classes are available with Jayden. All classes cost \$20.00 per person, per class. New members welcome.

Tuesday, 11.15 am Light Exercise – KIORA Wellness Centre
Wednesday, 9.00 am Aqua Class
Thursday, 11.15 am Light Exercise – KIORA Wellness Centre





ST LOUIS HOME CARE
LIVE WELL

Remedial Massage: Mildred is now available to provide remedial massage services on Thursday's only, between 9 am – 4 pm. We apologise that Wednesday bookings are no longer available. To book a remedial massage, please phone 9385 3406 or email homecare@stlouisestate.com.au.

Public Holidays: The St Louis Home Care Office will be closed on the following Public Holidays. **Friday 18th April, Monday 21st April and Friday 25th of April 2025**

Except for housekeeping (domestic cleaning) services, our home care services will continue to be provided on Public Holidays, at applicable public holiday rates. If you wish to reschedule or cancel your service that falls on these Public Holidays, please contact the St Louis Home Care team at (08) 9385 3406, at your earliest convenience.

Home Care Package Subsidy Increase: The Australia Government is supporting the Fair Work Commission decision to increase wages for registered and enrolled nurses working in aged care. To support this wage increase, **the government will increase the Home Care Package subsidy by 0.10% from 1 March 2025.** St Louis Home Care has updated you Home Care Package budget to include this increase in government subsidy. To request an updated copy of your Home Care Package budget, please contact your Care Manager on 9385 3406.

Shopping Bus Service: St Louis Home Care offers a Thursday's shopper bus service to all residents of St Louis Estate. The service leaves the Homestead at 1.00 pm, each Thursday, and returns to St Louis Estate at 2.30 pm, with Nicola Cross. The Shopper bus service fee is \$15.00 per person. No bookings are required.

Kind regards,
Karena Sherriff,
Home Care Manager

LIVE WELL

